

DIGITAL CITIZENSHIP WEEK

Join UCS 7-12th grade Students in Celebrating Digital Citizenship Week as We Learn to Stay Safe, Solve Problems, and Be a Positive <u>Force Online!</u>

Monday, October 14th

TEAM UP FOR DIG CIT!

Making healthy choices can affect our mood and how we see the world. Remember how important it is to balance your time online. Remember that sometimes TV, social media and gaming can affect your mood. Wear favorite sports gear to show we are TEAMING UP for digital citizenship!



Thursday, October 17th

Knowing when to take
a break from
technology and do
other activities helps
your well-being. Take
a tech break and hang
out with friends or
family!

✓ 143 likes
 Spending everyday with awesomeness! #fun

UNITE & BE KIND ONLINE DAY! How can we be kind and stand up for others online? Wear orange today to unite as reminder that what is said online is heard and felt by others. Be kind and respectful even if you disagree. OK Cancel





Friday